



Melfort House

Semi Independent Mother/ Father and Baby Residents Guide



Our Philosophy

At SP Homes Ltd we want to be sure that all young parents (single parent / mother and father and baby) / expectant parents and their children have the best chance they can of growing up safe, well and happy. When we work with families to help them to make sure this happens for their children, we do everything we can to make sure that:

“We treat every family differently, because each family is different”

- We do our very best to help you to be able to make sure that you and your child/ren are safe, well and happy.
- We treat you and your family fairly, respectfully and make sure that you understand what is happening.
- We let your Social Worker, solicitor and others working with you know what is happening.
- The staff who work with you are qualified and experienced to help you.
- Fathers are welcome at Melfort House.



Where is Melfort House?

Melfort House is at 2 Melfort Road, Thornton Heath CR7 7RL.

This is a residential road very close to the main high street which has all of the shops that you will need.

It has good transport links for buses and trains.

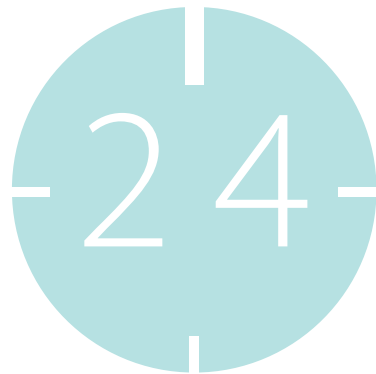
There is a library and leisure centre close by as well as lovely open spaces and parks.





"What are the aims of Melfort House?"

We provide semi independent
24 hour support in a
supportive environment
that puts a child's safety first.



We give parents support by
giving advice and help to de-
velop their parental skills



We help mothers to understand and meet the needs of their children.



We offer information to mothers about child development and support parents to keep their children safe.



"What do you have at Melfort House?"

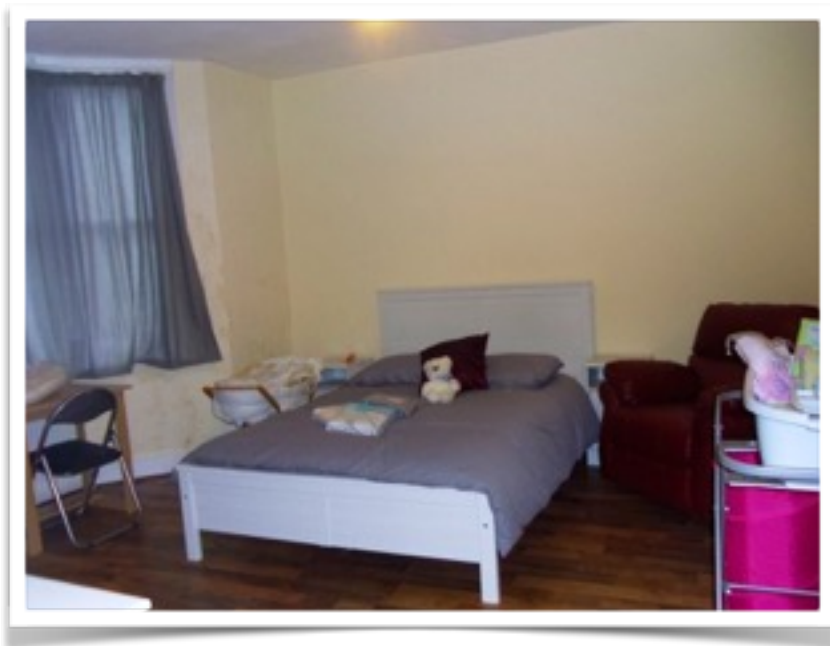
Melfort House is a 5 bedroom House

There is a large shared kitchen facility





The rooms are fully furnished including a cot .



Also there is a safe garden area



Staffing

Our support workers have experience of working with parents and children and have appropriate qualifications. Staff can be available 24 hours a day 7 days a week.



Key work sessions will include support in:



Feeding Your Baby



Changing Your Baby



Bathing Your Baby



Making up feeds and sterilizing bottles



Taking Your Baby Out



The different sessions you may do are:



Cooking sessions and meal planning



Budgeting your money



We can also provide support in the following areas:

- Pre - natal / life changing
- Child development
- Single parenthood / single working mothers
- Parenting
- Smart love
- Healthy eating



SAMPLE CARE PACKAGES

PACKAGE 1

INCLUDES

EXPECTANT MOTHERs / MOTHER AND BABY

FATHERS WELCOME

MONITORING OF FEEDING AND NAPPY CHANGING FOR 1 WEEK

4 HOURS KEY SESSION

EXTRA FAMILY MEMBERS AT ADDITIONAL COST

* Packages can be tailored specifically to the needs of the referring Mother and baby and their families.



PACKAGE 2

INCLUDES:

EXPECTANT MOTHER / MOTHER AND BABY

FATHERS WELCOME

24 HOURS IN HOUSE SUPPORT

MONITORING OF FEEDING AND NAPPY CHANGING (1 - 3 HOURLY)

4 HOURS KEY SESSION

EXTRA FAMILY MEMBERS AT ADDITIONAL COST

Packages can be tailored specifically to the needs of the referring Mother and baby and their families.



PACKAGE 3

INCLUDES:

MOTHER AND BABY

FATHERS WELCOME

24 HOURS IN HOUSE SUPPORT

24 HOUR PARENT MONITORING

- 15 minute checks by staff throughout the day
- Breast feeding observation
- Bottle feeding observations
- Nappy changing observations
- Bedtime and sleeping pattern observations
- Bath time observations
- Escorting mother and baby out to various appointments
- Providing support 24 hours a day.



4 HOURS KEY SESSION

EXTRA FAMILY MEMBER AT ADDITIONAL COST

Packages can be tailored specifically to the needs of the referring Mother and baby and their families.

FURTHER SERVICES

Escort Services

1 to1 Monitoring is an additional service

Outreach Support

Packages can be tailored specifically to the needs of the referring Mother and baby and their families.

CCTV will present throughout the communal areas within the unit to ensure the safety of Residents and staff members.



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